



READY, STEADY, GO!

A fun new programme for schools,
developed by Auckland Transport
www.AT.govt.nz/readysteadygo

The Travelwise team has been supporting schools for more than 15 years by promoting active travel (walking, cycling, and scootering), providing safer facilities for all road users and reducing the number of vehicles driving to and from schools.

Ready Steady Go! is a series of lessons for Year 5 and 6 students that teaches the health and environmental benefits of active travel. It covers safe walking and cycling skills and offers a Wheels Day to give your child the practical skills and confidence to ride a bike or scooter safely. We want to support all Auckland students to become safe, responsible, and independent pedestrians and cyclists.

HOW YOU CAN SUPPORT YOUR CHILD

The **How far can you go?** challenge is an important part of this programme. Students will plan a safe active travel journey to and from school and set an active travel goal for the term. They will track their progress in a travel log that they will share with you and ask you to sign. We hope that you will support them to reach their goal.

We know it's not always possible to avoid using the car on the school run, but more than half of NZ students travel to school by car which has a huge environmental impact. Even if you cut your car journeys to school by a few times a month, you're making a significant reduction in congestion and emissions. Walking and cycling is healthier, greener, cheaper, and often quicker. Or consider a car/walk option for the school run.

For more information including advice, support, and bike courses for you and your whānau, go to www.AT.govt.nz/readysteadygo and if you have any queries about Ready, Steady, Go!, please contact your classroom teacher.

